

**Summary of Evaluation Findings
Breakthrough Student Assistance Program
Murrieta Valley Unified School District**



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Indicator	Selected Findings (2009-2010)
School Support	More students knew where to go for help with a problem after participating in Breakthrough services (85% vs. 78%).
Alcohol Use – Past 30 Days	Binge drinking decreased from 20% before participating in Breakthrough to only 4% after receiving Breakthrough services.
Drug Use – Past 30 Days	Findings indicated a downward trend for tobacco, prescription drug, meth and cocaine use after participating in Breakthrough services.
School Attendance Rates	Participants' attendance rates increased from 82% in the 30 days before attending the Breakthrough Family Conference to 91% in the 30 days following the Family Conference.
Discipline Incidents	Average number of disciplines for those with 1 or more incidents decreased from 3.2 incidents 30 days prior to the Family Conference to 1.3 incidents 30 days after the conference.
Academic Performance	Half of the participants' GPAs improved after participating in the Family Conference. Of those who improved, average GPA at the time of referral increased from 1.44 to 1.69 at the end of the academic year.
Suspensions	MVUSD suspensions have decreased almost 40% since the program was implemented in 2007.

Please contact us for additional information about AOD program, policy or initiative evaluations.

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